

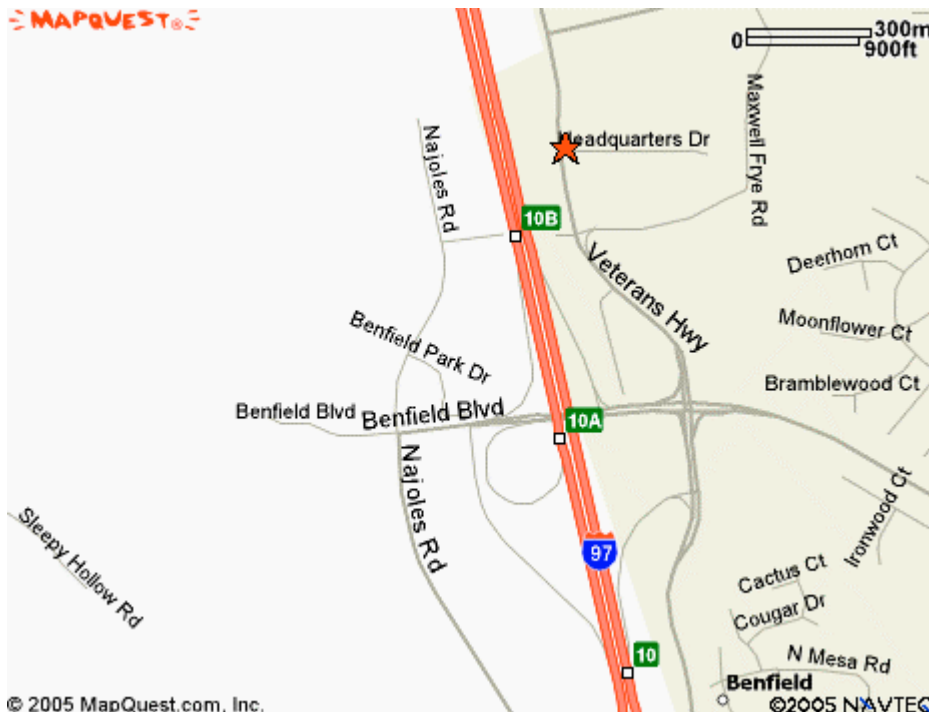
# EMBODIMENT<sup>®</sup> THERAPY

Embodiment<sup>®</sup> is deeply restorative hands-on yogic bodywork. You will rest in yoga's relaxation pose, wearing comfortable clothing. Your therapist's hands will be precisely placed to facilitate effective release and self-healing. Effects continue long after the one-hour session.

- Feel better, calmer, and have more clarity
- Reliably and safely release tension
- Aches and pains fade away
- Renew your energy



Your trained Embodiment<sup>®</sup> therapist will be **Lloyd Apirian**  
Given at Kelly's Herb House and Wellness Center, Millersville, MD  
Rate for 2007: \$60/session  
For more information, phone (410) 991-5952 or email



Map to Kelly's Herb House and Wellness Center